



# *QPR: Learn the Skills to* **PREVENT A SUICIDE and** **GIVE HOPE TO OTHERS**

**QPR stands for Question, Persuade, and Refer – the 3 simple steps anyone can learn to help save a life from suicide.**

**As a QPR trained Gatekeeper you will learn to:**

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

**A Gatekeeper is You: if you are a parent, spouse, friend, teacher, clergy, health professional, office manager, coach, advisor, co-worker, bus driver and/or anyone else who interacts with people.**

**When more people know QPR, our community is better prepared to act in a bold, positive manner to potentially prevent a suicide and save a life.**

**Register to attend a FREE QPR Trainings offered to CAPPI’s Milwaukee Brighter Futures/PHAT grantees, Milwaukee County Substance Abuse Prevention Coalition, 53206 Drug Free Community Coalition, Partnership for Success Partners, and the Milwaukee Tobacco Free Alliance. Trainings led by Certified QPR Gatekeeper Trainer.**

<b>Location</b>	<b>Dates</b>	<b>Time</b>
<b>All trainings to be held at            Community Advocates            728 N. James Lovell Street            Milwaukee, WI 53233</b>	<i>Wednesday, June 7</i>	<i>10:00 AM-12:00 PM</i>
	<i>Wednesday, July 19</i>	<i>*9:00 AM-11:00 AM</i>
	<i>Wednesday, August 2</i>	<i>10:00 AM-12:00 PM</i>
	<i>Wednesday, September 13</i>	<i>10:00 AM-12:00 PM</i>

**This training may be difficult for someone who has lost a person to suicide within the past 6 months.**

**Register at <https://goo.gl/forms/orDT4CfhD0jT5ssj2>**

**For further information please contact [info@preventsuicidemke.com](mailto:info@preventsuicidemke.com)**



*Coming Together: Action, Hope, Recovery*

[www.preventsuicidemke.com](http://www.preventsuicidemke.com)