



Among HEALTH SUMMIT

Sponsored By:



AUGUST 11 - 12 2017

501 E. BADGER ROAD, MADISON, WI 53713

Featuring 4 distinguished speakers from the Hmong community

Dia Cha B.A., M.A., Ph.D.

Alyssa Kaying Vang PsyD, LP

Kajua Lor Pharm.D., BCACP

Xa Xiong B.A., D.C., M.D.



What and why?

Since the resettlement of the Hmong in America over four decades ago, the Hmong have adapted to mainstream Western society while preserving many of their cultural practices. This acculturation process, however, has proven challenging. The Hmong continue to face significant health disparities in the treatment of chronic disease, cancer, behavioral/mental health and more.

In the history of the Hmong in America, no known formal training has been offered for health providers by Hmong health professionals addressing the unique and specific concepts of Hmong health and healing.

The Hmong Health Summit is the first of its kind and will assist participants in gaining knowledge about traditional Hmong health beliefs and practices in an effort to foster cultural competence and promote culturally-responsive services.

Who should attend?

Providers, health care professionals, health care team members and anyone interested in learning to better serve the Hmong community.

Learning Objectives

After attending the Summit, participants will be able to:

- Understand health, healing concepts and Hmong cosmology that guide traditional health and healing practices.
- Apply and practice knowledge of the Hmong through a variety of real world case scenarios.
- Meet and dialogue with a shaman & observe a traditional alter
- Tour a Hmong herbalist garden & dialogue with Hmong herbalists
- Connect with providers and professionals interested in serving Hmong communities.

Continuing Education

Continuing Education Units and Continuing Education Hours will be available through the University of Wisconsin Stevens Point.



Registration

**EARLY BIRD DEADLINE:
JUNE 15, 2017**

Early Bird Rate

1-day: \$200
2-days: \$400

Regular

1-day: \$250
2-days: \$500

**REGULAR DEADLINE:
JULY 15, 2017**

Space is limited. Register early! The registration fee includes training, materials, refreshments, lunch, snacks and field trip transportation. A variety of Hmong and Asian food will be provided for lunch. Let us know if you have any food restrictions.

Cancellation Policy

A full refund minus a \$50 processing fee is given when canceling more than 20 business days prior to the event. No refund is issued 20 or fewer business days prior to the event. A substitute may attend in your place. In case of low enrollment, we reserve the right to cancel the training and return a full refund.

GO TO THE LINK BELOW TO REGISTER:

<https://contedusi.uwsp.edu/v20/emc00/register.aspx?>

[OrgCode=10&EvtID=5265&AppCode=REG&CC=117022803651](https://contedusi.uwsp.edu/v20/emc00/register.aspx?OrgCode=10&EvtID=5265&AppCode=REG&CC=117022803651)

Aug 11

2017 FRIDAY

Agenda

Aug 12

2017 SATURDAY

8 AM Registration

Hmong Cosmology
Hmong Spiritualism & Health
Concepts
Dementia

12 PM Lunch

Hmong Traditional Health Beliefs
Tour with Shaman

4:45 PM Evaluation

8 AM Registration

Hmong Mental Health
Hmong Herbal Medicinal Use
Herbalist Tour

12 PM Lunch

Cultural Competence &
Responsiveness: Breaking the
Barriers for the Hmong

Trauma Informed Care

4:30 PM Evaluation

Accommodations

- Sheraton Hotel, 706 John Nolen Dr., Madison, WI 53713, 608-251-2300;
- Holiday Express, 610 John Nolen Dr., Madison, WI, 53713, 608-709-5050;
- Clarion Suites, 2110 Rimrock Rd., Madison, WI 53713, 608-284-1234

Questions?

Contact Lopao Vang, Coordinator
toojpov@yahoo.com; 608-571-3272





Dia Cha

B.A., M.A., Ph.D.

Dia Cha, B.A., M.A., Ph.D., was a Professor of Anthropology and Ethnic Studies at St. Cloud State University (SCSU), St. Cloud, Minnesota, and a Research Associate with the Science Museum of Minnesota and the Denver Science Museum in Colorado. She received many national academic and social group awards for the high caliber of her research and teaching, her service to the community, and her tireless work as a champion of gender and ethnic equality.

In November, 2007, the Hmong American New Year Planning Committee in Minnesota recognized her enormous contributions to the community as an educator in their annual banquet, held in St. Paul, Minnesota. In April, 2007, Hmong National Development, Inc., recognized the positive impact of her contributions to the betterment of the Hmong people by giving her the Teacher of the Year Award at their yearly conference, held that year in Detroit, Michigan. She was selected St. Cloud State University's Professor of the Year in both 2002 and 2004; and was chosen by the Hmong Women's Action Team, of St. Paul, Minnesota, as the 2002 recipient of their National Hmong Women's "Courage to Make a Difference" Award. In 1994, she was named for both the Outstanding Woman Award of Metropolitan State College, Denver, Colorado and the TRIO Achievers Award of the National Council of Educational Opportunity Associations, Chicago, Illinois.

She had twice been called upon to share her expertise with Congress: first, in 1994, before the Committee on Foreign Affairs, Subcommittee on Asia and the Pacific's Hearing on Indochinese Refugee Issues; and again in 2001, for the Congressional Summit on the Status of Pacific Islander and Southeast Asian Americans in Higher Education.

With a great deal of original research to her credit, she has been widely published; two of her best known books are *Hmong American Concepts of Health, Healing, and Conventional Medicine* (2003), and *Dia's Story Cloth: The Hmong People's Journey to Freedom* (1996).



Kajua Lor

Pharm.D., BCACP

Kajua Lor, PharmD, BCACP was the first Hmong pharmacist to obtain a pharmacy academia position in the nation. She joined the Medical College of Wisconsin School of Pharmacy on August 1, 2016 as an Associate Professor. Previously, Dr. Lor was an Associate Professor at Touro University California College of Pharmacy in Vallejo, CA and Interim Director of Pharmacy at OLE Health a safety net clinic in Napa, CA. She is a board certified ambulatory care pharmacist. Dr. Lor is a Native Hmong speaker with proficiency in Spanish.

The American Pharmacist Association noted her unique consultation skills and she was selected as the One-to-One Patient Counseling Recognition Awardee. Dr. Lor earned her Doctorate of Pharmacy from the University of Wisconsin-Madison School of Pharmacy and completed a one-year post-graduate clinical pharmacy residency training at Westside Community Health Services with the University of Minnesota Ambulatory Care Residency Program. She has several peer-reviewed publications and is co-author of "Getting in: a practical guide to pharmacy admission"

Dr. Lor's public health research interests include medication adherence, comprehensive medication management and herbal medicines. She was selected as a Programs to Increase Diversity among Individuals Engaged in Health-Related Research (PRIDE) Scholar in 2012 and completed extensive research training at Columbia University. She has more than 6.5 years of teaching experience and 4 years of leading a Resident Research Seminar.



Xa Xiong

B.A., D.C., M.D.

Xa Xiong received his Bachelor of Arts (BA) in Biology and Chemistry from Concordia University Irvine, Doctor of Chiropractic (DC) from the Los Angeles College of Chiropractic, and Doctor of Medicine (MD) from Spartan Health Sciences University School of Medicine. He completed his Family Medicine Residency at the University of Wisconsin School of Medicine and Public Health—Fox Valley Family Medicine Program in Appleton, Wisconsin. Dr. Xiong is American Board Family Medicine Board Certified and practicing as a Family Physician where he provides medical services to all ages.

Dr. Xiong is the founder of the Dr. Xa Xiong Foundation: A Quest for Education—to inspire and empower people to achieve the highest vision in the context of life. The acronym of iLIFE is used to represent individual health, Leadership, Income, Family and Education. He is a renowned keynote speaker for various occasions ranging from community events, medical and mental health conferences and school graduation celebrations. He received immense appreciation and recognition awards from the Hmong community for exemplifying an optimum role model and improving the lives of others. In 2007, Dr. Xiong was listed as one of the five most accomplished Hmong Americans in the book *The Hmong: Coming to America* by Kaarin Alisa. In 2011, Dr. Xiong received the "JOURNEY OF HOPE AWARD" by Secretary Eloise Anderson from the Department of Children and Families, "for outstanding achievement by a refugee during resettlement and integration into American society".

Dr. Xiong is one of the co-authors of a chapter book, *Ethnicity and the Dementias—Working with Hmong American Families*, which provides cultural information for health care providers working with Hmong clients experiencing dementia and is the author of "The Impossible Dream: Memoirs of a Refugee Boy". He has over two decades of experience in bridging cultural barriers within the health care system and is passionate in helping ensure people get the health care they need. Among other accolades, Dr. Xiong was honored as the 2016 Wisconsin Family Physician of the Year by the Wisconsin Academy of Family Physicians and the 2017 Outstanding Alumnus of the Year Award by Concordia University Irvine.



Alyssa Kaying Vang

PsyD, LP

Alyssa Kaying Vang, PsyD, LP is one of only a handful of Hmong-speaking licensed psychologists nationwide. She is the first Hmong-speaking licensed psychologist in Minnesota and is considered a pioneer in the field of Hmong mental health. She holds a Masters and a Doctoral degree in Clinical Psychology. She is passionate about providing culturally-responsive and clinically-competent mental health services to diverse communities.

Dr. Vang's twenty years of clinical experience includes working with individuals across the life span in numerous settings including correctional facility, community clinic, crisis center, school-based agencies, in-patient hospital, and outpatient hospital. She currently has a thriving private practice where she serves a diverse population and treats specific mental health issues such as trauma, depression and anxiety. Dr. Vang has specialized training in Infant and Early Childhood Mental Health, evidence-based practices, and trauma-informed care. She is an asset to her Hmong community and continues to consult on culturally-sensitive, trauma-informed, and developmentally-appropriate practices.

Dr. Vang has been featured in the American Psychological Association's journal, *Monitor on Psychology*. She co-authored the chapter "Neuropsychology of Hmong-Americans" in the book, "The Neuropsychology of Asian-Americans."

In her free time, she enjoys painting, hiking, watching movies, and spending as much time as possible with her husband and three children.

Ma Tsawq THANK YOU



This event was sponsored by:

